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1. A decree dated early December 1952 by the Health Ministry in East Berlin ordered a health registration of the population in the Erfurt district, specifying four health and efficiency groups, namely persons unfit for work, i.e. invalids and pensioners over 60 years; persons partly fit for work, i.e. ailing women between 50 and 60 years and convalescents; persons fit for normal work; persons fit for above average work, e.g. work in ore mines and heavy industry; and a special group of persons fit for service with the national forces and the Dienst fuer Deutschland organisation. According to a directive by the health office of the Erfurt district dated early January 1953, physicians including contract physicians employed by Social Assurances or working at state clinics and polyclinics were allowed to propose a reclassification exceeding the period of one week only to the official physician, who was the only physician to make a decision.
2. The health offices of the districts of Erfurt, Gera, and Suhl established health files which covered all groups of persons except those fit for normal work.

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